

# Balls N Strikes 2018 Summer Camps

## Pitching Camp

The pitching camp will go through all aspects of pitching: mechanics, pitchers fielding practice, pick-offs, slide step, and wind up.

## Fielding Camp

The fielding camp will cover mechanics, footwork, mental approach, double plays, and positioning.

## Hitting Camp

The hitting camp will consist of mechanic work, mental approach, bunting, base running, and proper sliding technique.

Camps are geared toward ages 7-13  
Call to register! 573-803-1099  
Or mail the registration & payment to  
826B Enterprise Street  
Cape Girardeau, MO 63703

**Wed. May 30: Softball Camp**

**Thurs. May 31: All Skills Camp**

**Tues. June 12: Pitching Camp**

**Wed. June 13: Fielding Camp**

**Thurs. June 14: Hitting Camp**

**Wed. June 20: All Skills Camp**

**Tues. June 26: World Series Camp**

All camps will be held at Notre Dame High School baseball field from 9am-12pm. Please register and pay in full at least 1 week prior to camp date. For late registration, add \$5 to camp cost. Please bring your gear and a drink.

World Series Camp  
All competitions all day!

Individual camp price - \$65

Register for 3 camps - \$180

Register for 6 camps - \$320

## Summer Camp Registration

Name \_\_\_\_\_ Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone # \_\_\_\_\_ Email \_\_\_\_\_

Parent/Guardian Name & Signature \_\_\_\_\_

I hereby authorize the director of Balls N Strikes program to act for me according to his/her best judgement an emergency requiring medical attention. I know of no mental or physical problems which might affect my child's ability to safely participate in this program. I will be responsible for any medical or any other charges in connection with his/her attendance at this program. I agree to abide by the rules and regulations of the program.